



Info/Facts/Statistics

1. Roughly 1.5 million high school boys and girls in the U.S. admit to being intentionally hit or physically harmed in the last year by someone they are romantically involved with.

1 IN 10

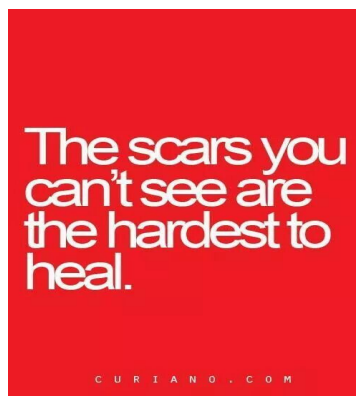
10 icons representing students, with the 10th icon highlighted in red.

HIGH SCHOOL STUDENTS
HAS BEEN PURPOSEFULLY HIT, SLAPPED OR
PHYSICALLY HURT BY A BOYFRIEND
OR GIRLFRIEND.

LIVE YOUR DREAM

SOURCE: LevelsRespect.org, Dating Abuse Statistics

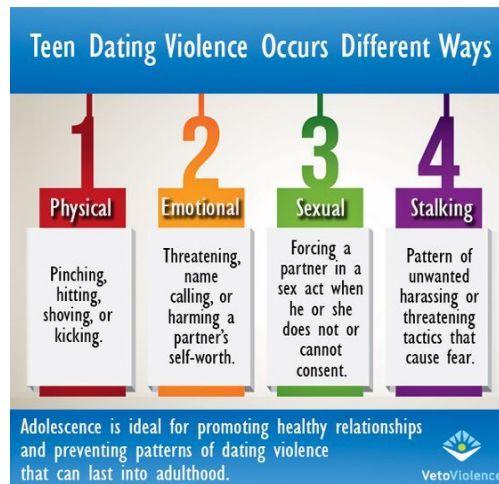
2. Teens who suffer dating abuse are subject to long-term consequences like alcoholism, eating disorders, promiscuity, thoughts of suicide, and violent behavior.



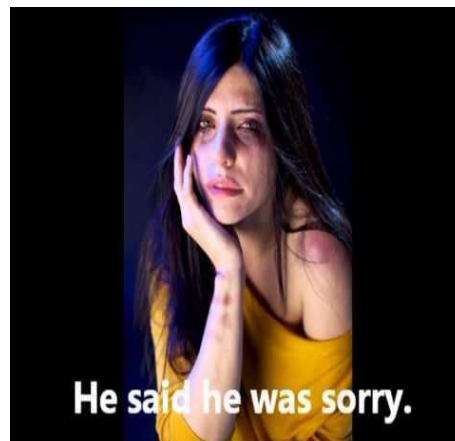
3. 1 in 3 young people will be in an abusive or unhealthy relationship.

Hitting is not love.
Mind games are not love.
Put downs are not love.
Stalking is not love.
Jealousy is not love.
Controlling is not love.

4. 33% of adolescents in America are victim to sexual, physical, verbal, or emotional dating abuse.



5. In the U.S., 25% of high school girls have been abused physically or sexually. Teen girls who are abused this way are 6 times more likely to become pregnant or contract a sexually transmitted infection (STI).



6. Females between the ages of 16 and 24 are roughly 3 times more likely than the rest of the population to be abused by an intimate partner.



7. 8 States in the U.S. do not consider a violent dating relationship domestic abuse. Therefore, adolescents, teens, and 20-somethings are unable to apply for a restraining order for protection from the abuser.

Dating Violence may be...

Physical	Emotional	Verbal
<ul style="list-style-type: none"> • Hitting or slapping • Biting • Shoving • Pinching • Spanking • Shaking or jerking • Spitting • Burning • Restraining • Chasing • Forcing sex or sexual acts • Touching in uncomfortable ways • Pulling hair • Stalking • Driving recklessly • Punching walls 	<ul style="list-style-type: none"> • Using personal information against partner • Blaming partner • Not accepting responsibility for one's own actions • Playing mind games • Using the 'guilt trip' • Demanding • Constant interrogations • Mocking body parts • Controlling partner's activities • Intense jealousy or rages • Criticizing partner's looks • Isolating from family/friends • Checking up on partner • Insulting partner's family/friends • Taking personal items 	<ul style="list-style-type: none"> • Threatening to kill or to use violence • Threatening to use violence • Calling over and over • Constant accusations of cheating • Yelling • Insulting • Calling names • Being sarcastic • Making demeaning jokes • Excessive swearing • Mimicking • Making degrading or negative comments • Leaving vulgar messages • Silent treatment • Twisting partner's words • Lying

8. Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are “dating.”

It is **not** okay

- To be humiliated in public
- For you to be forced to do something you do not agree with
- To be told you are ugly or unattractive
- To be told nobody will ever love you the way your boyfriend/girlfriend does
- To be forced to choose between your boyfriend/girlfriend and your friends
- To be controlled
- To be made to feel guilty for somebody else's anger. It is their issue and not your fault.

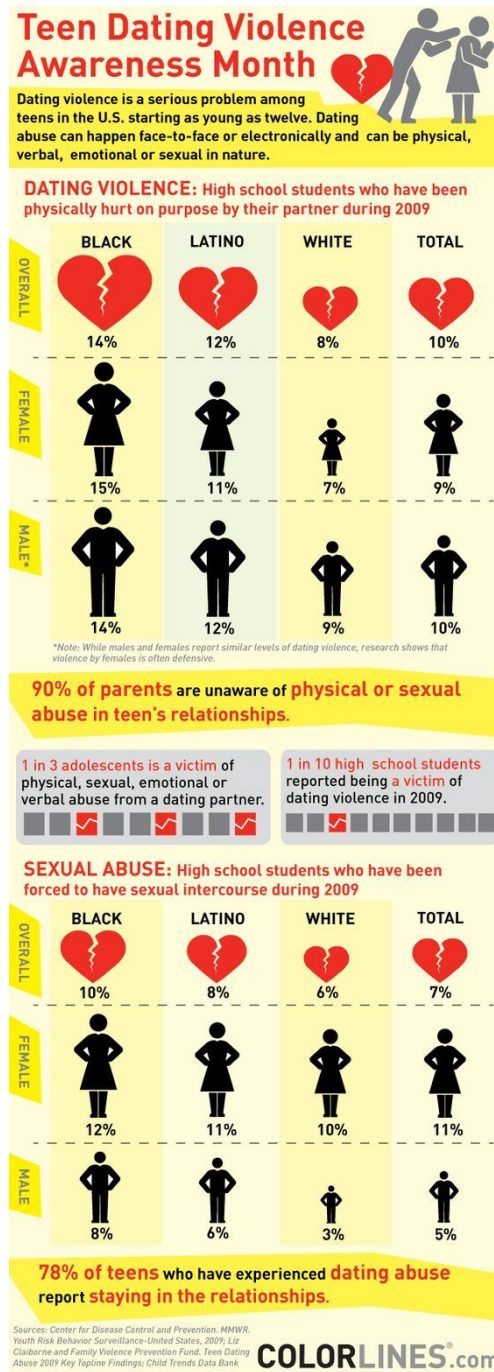
It might be abuse. Please seek help if you are in danger. Visit thehotline.org or loveisrespect.org.

@JeannetteKaplan

9. 50% of young people who experience rape or physical or sexual abuse will attempt to commit suicide.



10. Only 1/3 of the teens who were involved in an abusive relationship confided in someone about the violence.



11. Teens who have been abused hesitate to seek help because they do not want to expose themselves or are unaware of the laws surrounding domestic violence.



SPEAK OUT AGAINST TEEN DATING VIOLENCE!

This February, in observance of Teen Dating Violence Awareness Month, Verizon urges consumers to take action to raise awareness and break the silence surrounding teen dating and domestic violence.

Know the facts!

1.5 MILLION HIGH SCHOOL STUDENTS ACROSS THE COUNTRY EXPERIENCE PHYSICAL ABUSE FROM A DATING PARTNER

25% DATING TEENS REPORT THEY WERE DIGITALLY VICTIMIZED BY THEIR PARTNER

99% SEEK HELP EARLY FROM TEACHERS

96% EXPERIENCE OTHER FORMS OF VIOLENCE ALONGSIDE THEIR PARTNER

78% TEENS AGES 15 TO 17 HAVE CELL PHONES

3 out of 4 TEENS ACCESS THE INTERNET USING MOBILE DEVICES

96% WIRELESS TECHNOLOGY SUCH AS SMARTPHONES OR TABLETS IS THE MOST COMMON MEDIUM FOR DIGITAL ABUSE

1 IN 6 YOUTHS REPORT BEING THE VICTIM OF CYBER BULLYING, MOST OF WHICH REPORTED FROM SOMEONE OTHER THAN A ROMANTIC PARTNER

3X MORE LIKELY TO ALSO EXPERIENCE DIGITAL DATING ABUSE OR HARASSMENT

Know the signs!

WHAT DIGITAL ABUSE LOOKS LIKE:

- SENDING NEIGHBORLY LIKE REQUESTS, FRIENDS, AND REQUESTS TO "FOLLO" CONSTANTLY ON YOU

STATUS:

- PUTS YOU DOWN IN THEIR STATUS UPDATES

SENDING YOU NEGATIVE HOLDINGS:

- THREATENING YOU BY EMAIL, MESSAGE, TEXT, OR SMS

TELLS YOU HOW YOU CAN OR CAN'T BE FRIENDS WITH:

- ON FACEBOOK AND OTHER SITES

SENDS YOU UNLIMITED REQUESTS FOR PHOTOS OR VIDEO AND DEMANDS YOU SEND SOME IN RETURN

REQUESTS TO BE GIVEN YOUR PASSWORDS & LOGS THROUGH YOUR PHONE

Speak Out! Stand Up!

IT IS OKAY TO TURN OFF YOUR PHONE

DON'T RESPOND TO HOSTILE, HARASSING, ABUSIVE OR INAPPROPRIATE TEXTS OR MESSAGES

YOU HAVE THE RIGHT TO BE ALONE AND SPEND TIME WITH FRIENDS

BE MINDFUL WHEN USING CHECK-INS OR SOCIAL CHANNELS

DON'T SEND ANY MESSAGE YOU WOULDN'T WANT SOMEONE ELSE TO SEE

YOU DO NOT HAVE TO SHARE YOUR PASSWORDS

TELL A TRUSTED ADULT

CHANGE YOUR PHONE NUMBER

SAVE OR DOCUMENT THINGS LIKE TEXTS, EMAILS, ETC. YOU MIGHT NEED THEM AS EVIDENCE

TEEN DATING VIOLENCE AWARENESS & HELP RESOURCES

www.loveisrespect.org

www.breakthe Cycle.org

www.teendatingviolence.org

www.loveisnotabuse.com

Give dating and domestic violence victims and survivors the chance to make a lifesaving call by donating your no-longer-used wireless phone to Hopeline from Verizon.

WWW.VERIZONWIRELESS.COM/HOPELINE

Sources: LoveIsRespect (2012), National Teen Dating Violence Awareness Campaign (2011), Teen Dating Violence (2012), LoveIsNotAbuse.org, Domestic Violence (2012), Center for Public Policy Research